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Media Release

## **Relief for Aucklanders as most allied health services open**

Revised guidelines mean that most allied health professionals in Auckland can now open.

Under Alert Level 4 and most of Alert Level 3, allied health practitioners like chiropractors, audiologists, and dietitians have been unable to see patients except in the most urgent of situations.

Allied Health Aotearoa New Zealand (AHANZ) Co-Chair Hayden Thomas says the easing of restrictions has come as a relief for many practitioners who have been concerned that they have not been able to provide treatment and support to those who rely on them.

“It’s been a long and tough lockdown for many Aucklanders, and while it’s not quite business as usual, we are pleased that there has been some easing of restrictions so that many of us can get back to doing our job,” said Hayden Thomas.

Practitioners are required to use their clinical judgment when deciding when to see patients.

“We need to balance the needs of our patients with the need to keep them safe from infection, along with anyone else working in the same space. We will be adhering strictly to the guidance from the Ministry of Health about screening patients, scanning and contact record keeping.”

For more information, please contact Hayden Thomas (Co-Chair, AHANZ / Chair, NZ Chiropractors’ Association) on [hayden@chiropractic.org.nz](mailto:hayden@chiropractic.org.nz) / 027 299 9939.